

BURTON SAILING CLUB

HEALTH AND SAFETY POLICY

Burton Sailing Club is a voluntary organisation run by the members of the club. The club provides sailing facilities for members at Foremark reservoir for recreational dinghy sailing, dinghy racing and windsurfing activities. It is the policy of Burton Sailing Club to provide a safe environment for its members and recognised visitors.

Risk management at Burton Sailing Club is a continuous evaluation process in which existing risks are monitored and new risks reported and assessed. The primary objective is to ensure that all risks are identified and appropriate control measures put in place in compliance with H&SE and RYA guidelines and Seven Trent Water policy.

A formal assessment of the club's activities and facilities is performed on an annual basis by nominated flag officers of the club. New risks are reported to the General Committee as they arise and steps are then taken to manage the risk.

- Health & Safety is reviewed as a General Committee agenda item on a monthly basis.

Maintenance requirements for safety equipment, accidents and incidents on the water are reported using the reverse side of the race forms in the sections provided. These are reviewed weekly by a nominate flag officer. Any reported issues are reviewed by the Sailing and General Committee members at the earliest opportunity.

Competency and Personal Equipment: It is the responsibility of each sailor to ensure he has the necessary skill level to participate in on-water activities at Foremark reservoir for the prevailing conditions.

- Participants in casual or organised sailing should not take to the water on a boat or board or any of the floating pontoons without wearing suitable clothing and a well fitting buoyancy aid.
- Personal equipment is the responsibility of individual members.
- Member's boats are regarded as personal equipment and as such it is the members responsibility that there maintenance and condition is suitable for the events in which they participate.
- Each member's boat must be insured for a minimum of £2,000,000 against personal accident or injury, as defined in the club handbook.
- **Sailing without safety cover is only permissible under the buddy system when there is at least one other dinghy sailing to provide support as per BSC rules and SWT regulations.**

Organised Sailing Activities: For every organised racing activity at Foremark Reservoir there will be a Race Officer who has overall responsibility for the safe operation of all sailing activities at any time on that day.

Training Courses: BSC is registered with the RYA as a Training Centre. Each course is run in accordance with RYA guidelines, as defined in RYA 03/G14.

Child Protection Policy & Guidelines: It is the policy of Burton Sailing Club to safeguard children and young people taking part in the boating from physical, sexual or emotional harm. BSC will take reasonable steps to ensure that, through appropriate procedures and training, children participating in BSC activities do so in a safe environment. We recognise that safety and welfare of the child is paramount and that all children, whatever their age, gender, disability, culture, ethnic origin, colour, religion or belief, social status or sexual identity, have the right to protection from abuse. BSC has a designated Club welfare Officer who maintains and updates the Child Protection policy and procedures.

Safety Boats: The Safety Boats provide cover for all BSC organised activities on the water and should not be operated by sailing club members that have not been trained to operate the equipment. It is the policy of BSC to ensure that new members will be trained in the use of Safety Boats by a qualified instructor as soon as possible after joining. The Safety Boats are available at all times and their location and instructions for operation are explained in the current club handbook.

First Aid: There is a clearly signed First Aid kit located in the clubhouse, which can be accessed readily for immediate assistance on the water or for dressing of light wounds upon completion of sailing. The First Aid kit is regularly checked and maintained by a nominated flag officer.

Accident Reporting: It is the responsibility of each member to report any accident resulting in injury in the club Accident Book. The club Accident Book is located in on top of the First Aid station and is reviewed weekly by the Vice Commodore. When a Race Officer is on duty any incidents or accidents must be reported on the reverse side of the race sheets in the section provided.

IMPORTANT NOTE FOR MEMBERS WITH CHILDREN

PLAY AREA INSURANCE REQUIREMENTS

The Club has consulted its Insurance Brokers regarding public liability insurance cover for the Play Area including the trampoline. This has resulted in an additional premium. Our insurers have the following requirements:-

1. Full Maintenance Measures are to be in place at all times.
2. A maintenance program to be in place to maintain and upgrade the equipment.

3. Letters issued to members advising that the responsibility for supervision will be down to the Parents.
4. Signs to be erected making it clear that Burton Sailing Club are not responsible for any accidents or injuries.

All members please note it is the responsibility of the parents of children using the Play Area equipment including the trampoline to supervise their children during all activities in the Play Area and on the trampoline. Burton Sailing Club, its officers or members of Burton Sailing Club shall not be responsible for supervising the Play Area, the use of the trampoline or any other Play Area activity at any time.

This note is inserted in the Yearbook issued to all members who shall be taken as having been notified of the insurance requirements and the responsibility for supervision by their parents of children using the Play Area.